

Health Education

Mission Statement

To identify, establish and promote activities that contribute to a healthy campus. To enhance the personal health of students and the collective health of the campus/community by creating a healthy environment and supporting students in establishing and maintaining a healthy lifestyle.

Activities

Direct Services to all students

Nutritional assessment and counseling;

Student Development and Leadership

Recruitment, training and coordination of the Student Health Advocates: SHAs provide health education on sexual health, body composition, stress ...

Marketing & Promotion of Services

College TV stations, SHS website, campus newspapers & publications ...

Web-Based Health Education Services

Alcohol and drug self assessment tools, PowerPoint presentations ...

Classes and Workshops

SHA training class; Human Development Program, Top 10 Ways, to Stay Healthy, Hazing, Wellness Program ...

Campus and community committees

Wellness; Tobacco, Alcohol and other Drugs; Eating Disorders; New Student Orientation ...

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More: studenthealth.ucsd.edu

Student Health Advocate Program

The Student Health Advocate Program is a recognized student organization at UCSD, composed of trained staff volunteers who are committed to promoting health and wellness through education and empowerment of peer and other youth. SHAs specialize in either general or sexual health and learn skills through their work in a variety of settings ...

Health Ed Staff

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