

Other Dependent Health Insurance Options

Unsubsidized Health Insurance Options

- **Blue Shield of California**

619-686-4218

<https://www.mylifepath.com/>

Blue Shield of California, Blue Shield Access and HMO Plan, and Blue Shield Select Plus (PPO)

Contact: Janice Miller

- **Blue Cross of California**

1-800-777-6000 ext. 7039

<http://www.bluecrossca.com>

Personal California Care HMO Plans, Classic Co-Pay or Deductible Plans, Basic Hospital Plan.

- **Kaiser Permanente**

1-800-464-4000

<http://www.kaiserpermanente.org>

- **ehealthinsurance.com**

<http://www.ehealthinsurance.com/>

Get insurance quotes and comparisons online for various insurance companies.

Subsidized Health Insurance Options

- **Medi-Cal for Children**

1-800-880-5305

<http://www.medi-cal.ca.gov/>

Health coverage for children (birth through age 18) and pregnant mothers, no-cost comprehensive health, dental, and vision benefits, choice of health insurance plans in most major population centers. Family property (such as savings or cars) does not count for eligibility.

Family Size	Child birth up to Age 1 or Pregnant Woman Monthly Income	Child Age 1 through 5 Monthly Income	Child Age 6 through 18 Monthly Income
1	\$0 - \$1,634	\$0 - \$1087	\$0 - \$817
2	\$0 - \$2,200	\$0 - \$1,463	\$0 - \$1,100
3	\$0 - \$2,767	\$0 - \$1,840	\$0 - \$1,384

- **Healthy Families**

1-800-880-5305

<http://www.healthyfamilies.ca.gov>

Health coverage for children (birth through age 18) and pregnant mothers, low-cost comprehensive health, dental and vision insurance, choice of health, dental and vision insurance plans. Family property (such as savings or cars) does not count for eligibility.

Family Size	Child birth up to Age 1 or Pregnant Woman Monthly Income	Child Age 1 through 5 Monthly Income	Child Age 6 through 18 Monthly Income
1	\$1,635 - \$2,042	\$1,088 - \$2,042	\$818 - \$2,042
2	\$2,201 - \$2,750	\$1,464 - \$2,750	\$1,101 - \$2,750
3	\$2,768 - \$3,459	\$1,841 - \$3,439	\$1,385- \$3,459

Eligibility for Medi-Cal and Healthy Families

Must be a California resident, a U.S. citizen, national or eligible non-U.S. citizens. Regardless of immigration status or date of entry, a child, or pregnant woman can qualify for some form of Medi-Cal. The application for both Medi-Cal and Healthy Families is available through their online websites listed above.

AIM – Access for Infants and Mothers**1-800-433-2611**<http://www.aim.ca.gov/english/AIMHome.asp>

To assist moderate-income families. Prenatal care hospital delivery, 60-day postpartum care, and comprehensive infant healthcare for up to 2 yrs. Must be a California Resident for at least 6 months, must join before the 7 month of pregnancy.

Family Size	Total Family Monthly Income	Subscriber Contribution – 1.5% of Annual adj. Household Income
2*	\$2,201 to \$3,300	Between \$396 - \$594
3	\$2,768 to \$4,150	Between \$498 - \$747
4	\$3,335 to \$5,000	Between \$600 - \$900

*A pregnant woman counts as a family of two.

Kaiser Permanente Child Health Plan**1-800-255-5053**<http://www.kaiserpermanente.org>

Health coverage for children (ages 1-19) within Kaiser California Service area, comprehensive health and vision insurance, \$25-\$35 monthly premium per child, cannot be eligible for public healthcare programs, eligibility recertified annually.

Family Size	Gross Income (Annually)
1	\$24,501 - \$29,400
2	\$33,001 - \$39,600
3	\$41,501 - \$49,800
4	\$50,001 - \$60,000

Child Health Disability Prevention (CHDP)**1-619-692-8428**<http://www.dhs.ca.gov/pcfh/cms/chdp/>

Provides free physical exams for children who do not qualify for Medi-Cal.

Referral Services**Perinatal Care Network****1-800-675-2229**

Referral service that serves lower income pregnant women and women of childbearing age. Provides information on community service such as WIC (Women Infant and Children), AIM, public health nursing, Black Infant Health, domestic violence, etc.

San Diego Kids Health Assurance Network**1-800-675-2229**

Serves all uninsured kids in San Diego County. Provide assistance via phone about programs including Healthy Families, Medi-Cal, California Kids and CHDP. Provides outreach to families to assure all kids in San Diego County have a “medical home”.