

UC San Diego Health

# Notice of Privacy Practices

## Notice of Privacy Practices

UC San Diego Health

UC San Diego Student  
Health and Wellbeing  
(SHW)

This notice describes how health information about you may be used and disclosed and how you can get access to this information.

Please review it carefully.

## UC San Diego Health

UC San Diego Student Health and Well-being (SHW) encompasses Student Health Services (SHS), Counseling and Psychological Services (CAPS), and Health Promotion Services (HPS), and is one of the health care components of the University of California. The University of California health care components consist of the UC medical centers, the UC medical groups, clinics and physician offices, the UC schools of medicine and other UC health professional schools. The administrative and operational units supporting the provision of care at all locations listed are also health care components of the University of California.

## Our Pledge Regarding Your Health Information

UC San Diego SHW is committed to protecting the privacy of your medical or health information. We are required by law to maintain the privacy of your health information. We will follow the legal duties and privacy practices described in this notice.

## Your Rights Regarding Your Health information

**You have the following rights regarding the health information we maintain about you:**

**Right to See and Copy.** You have the right to see or get a copy of your health information, with certain exceptions. If we have the information in electronic format, you have the right to obtain your health information in an electronic format if possible. If not, we will work with you to find a way for you to receive the information electronically or as a paper copy.

Your request must be made in writing and submitted to the relevant SHW department:

UCSD Student Health Services, 9500 Gilman Drive, MC 0039, La Jolla, CA 92093, Attn: Medical Records Department call: 858-534-2139 or fax 858-534-7545.

UCSD Counseling and Psychological Services, 9500 Gilman Drive, MC 0304, La Jolla, CA 92093, telephone: 858-534-3755, or fax: (858) 534-2628

You may also request a copy of your medical records through MyStudentChart by going through Menu to Medical Records then to the Medical Records Request. Your records will be sent to you as a PDF in MyStudentChart under the Medical Records Request page within 3 business days.

If you request a copy of the information, there may be a reasonable, cost-based fee for these services. You may also request that a copy of your health information be released to a third party that you choose.

**Right to Ask for a Correction.** If you feel that your health information is incorrect or incomplete, you may ask us to change or add more information to complete your record. Your request must be made in writing and submitted to the relevant SHW department.

UCSD Student Health Services, 9500 Gilman Drive, MC 0039, La Jolla, CA 92093, Attn: Medical Records Department call: 858-534-2139 or fax 858-534-7545.

UCSD Counseling and Psychological Services, 9500 Gilman Drive, MC 0304, La Jolla, CA 92093, telephone: 858-534-3755, or fax: (858) 534-2628

We may say “no” to your request, but we’ll tell you why in writing.

**Right to Know How We Have Shared Your Health Information.** You have the right to request a list (accounting) of the times UC San Diego Health has shared your health information with others, such as to government agencies. The list will not include any disclosures made for treatment, payment, health care operations, or any disclosure you asked us to make. The request may be for a period covering up to six years before the date you ask for the list. Your request must be made in writing and submitted to the relevant SHW department.

UCSD Student Health Services, 9500 Gilman Drive, MC 0039, La Jolla, CA 92093, Attn: Medical Records Department call: 858-534-2139 or fax 858-534-7545.

UCSD Counseling and Psychological Services, 9500 Gilman Drive, MC 0304, La Jolla, CA 92093, telephone: 858-534-3755, or fax: (858) 534-2628

UCSD Health Promotion Services, 9500 Gilman Drive, MC 0039, La Jolla, CA 92093, telephone: (858) 246-4500, or fax: (858) 534-6033

If you request an accounting more than once during a 12- month period, we may charge you a reasonable, cost-based fee.

**Right to Ask for Restrictions.** You have the right to ask us to limit how we use and share certain health information for treatment, payment, or health care operations. We are not required to agree to your request. If you pay for a service or healthcare item out-of-pocket in full, you can ask us not to share that information for purposes of payment or our operations. Your request must be made in writing and submitted to the relevant SHW department.

UCSD Student Health Services, 9500 Gilman Drive, MC 0039, La Jolla, CA 92093, Attn: Medical Records Department call: 858-534-2139 or fax 858-534-7545.

UCSD Counseling and Psychological Services, 9500 Gilman Drive, MC 0304, La Jolla, CA 92093, telephone: 858-534-3755, or fax: (858) 534-2628

UCSD Health Promotion Services, 9500 Gilman Drive, MC 0039, La Jolla, CA 92093, telephone: (858) 246-4500, or fax: (858) 534-6033

**Right to Ask for Confidential Communications.** You have the right to ask that we communicate with you about your health information in a certain way or at a certain location. For example, you may ask that we contact you only at home or only by mail. Your request must be made in writing and submitted to the relevant SHW department.

UCSD Student Health Services, 9500 Gilman Drive, MC 0039, La Jolla, CA 92093, Attn: Medical Records Department call: 858-534-2139 or fax 858-534-7545.

UCSD Counseling and Psychological Services, 9500 Gilman Drive, MC 0304, La Jolla, CA 92093, telephone: 858-534-3755, or fax: (858) 534-2628

UCSD Health Promotion Services, 9500 Gilman Drive, MC 0039, La Jolla, CA 92093, telephone: (858) 246-4500, or fax: (858) 534-6033

We will agree to all reasonable requests.

**Right to a Paper Copy of This Notice.** You can ask for a paper copy of this Notice at any time, even if you have agreed to receive this Notice electronically. Copies of this Notice are available throughout UC San Diego Health locations, or you may obtain a copy at our websites, [studenthealth.ucsd.edu](http://studenthealth.ucsd.edu) and [caps.ucsd.edu](http://caps.ucsd.edu).

**Right to be Notified of a Breach.** You have the right to be notified if we discover a breach that may have compromised the privacy or security of your information.

## How We May Use and Disclose Your Health Information

**We typically use and disclose your health information in the following ways:**

**For Treatment.** We use your health information to provide you with treatment or services. We disclose your health information to doctors, nurses, technicians, medical and health sciences students, or other health system personnel involved in your care. We may also share your health information with other non-UC San Diego Health providers for care or treatment. For example, we may share your health information if you are being referred to another provider at a non-UC Health institution

**For Payment.** We use and share your health information to bill or get payment from health plans or other entities. For example, we give information to your health plan so it will pay us for your services.

**For Health Care Operations.** We use and share your health information to manage your treatment and services, run our business and teaching institution operations, improve your care, and contact you when necessary. For example, your health information may be used to review the quality and safety of our services, or for business planning, management and administrative services. We may also share your health information with an outside company performing services for us such as accreditation, legal, or auditing services. These companies are required by law to keep your health information confidential.

## Other Ways We Share Your Health Information

We are permitted or required by law to share your health information in others ways – usually in ways that help the public, such as public health and research. We have to meet many conditions in the law before we can share your information for these reasons.

**Hospital Directory.** If you are hospitalized, we may include certain information about you in the hospital directory. This is so your family, friends, and clergy can visit you in the hospital and generally know how you are doing. You have the right to object to the release of directory information.

**Individuals Involved in Your Care or Payment for Your Care.** We may share health information with your family, close friends, or others involved in your care or payment for your care.

- Epic's Care Everywhere
- San Diego Health Connect

**Health Information Exchanges.** UC San Diego Health may participate in one or more health information exchanges (HIE), where we may share your health information, as allowed by law, to other health care providers or entities for coordination of your care. This allows health care providers at different facilities participating in your treatment to have the information needed to treat you. We currently participate in the HIEs listed here [www.epic.com/careeverywhere](http://www.epic.com/careeverywhere); [www.sdhealthconnect.org/](http://www.sdhealthconnect.org/).

If you do not want UC San Diego Health to share your information in an HIE, you can opt out by completing an opt-out form and submitting it to Health Information Services UC San Diego Medical Center: 200 West Arbor Drive MC8825 San Diego, CA 92103 or call **619-543-6700**. UC San Diego Health will agree with your opt-out request as needed to comply with the laws that apply to us. Opting out stops UC San Diego Health from sharing your information with other health care providers through the HIE; it does not stop other health care providers from sharing your information with UC San Diego Health, and it does not stop a health care provider that already received your information from keeping it. To stop other health care providers from sharing your information with UC San Diego Health, you must contact those providers directly. If you opt out, you can choose to resume participation by submitting a written request to UC San Diego Health; Health Information Management: 200 West Arbor Drive, #8825 San Diego CA, 92103 Fax: **619-543-7128**.

**Research.** UC San Diego Health is a research institution. In certain circumstances, we can use or share your information for research without obtaining your authorization. For example, we may use your health information without your authorization for certain research when the research goes through a special review process to protect patient safety, welfare, and confidentiality.

University of California researchers may contact you about your interest in participating in certain research studies. Researchers may only contact you if they have approval to do so under a special review process.

**Organ and Tissue Donation.** If you are an organ donor, we may share your health information with organ procurement organizations.

**Coroners, Medical Examiners and Funeral Directors.** We may share health information with a coroner, medical examiner, or funeral director when an individual dies. This may be necessary, for example, to identify a deceased person or determine cause of death.

**Disaster Relief Efforts.** We may share your health information to an entity assisting in a disaster relief effort so that others can be notified about your condition, status and location.



**Fundraising Activities.** We may use information you provided us to contact you about fundraising programs and events. You can opt out of receiving fundraising information for UC San Diego Health by contacting us at the toll-free number **1-800-588-2734** or by email **[optouthsdev@ucsd.edu](mailto:optouthsdev@ucsd.edu)**.

**As Required By Law.** We will disclose your health information when required to do so by federal or state law. For example, we may share your health information with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.

**Respond to lawsuits and legal actions.** We can share health information about you in response to a court or administrative order, or in response to a subpoena.

**Military and Veterans.** If you are or were a member of the armed forces, we may release your health information to military authorities as allowed or required by law.

**Inmates.** If you are an inmate of a correctional institution or under the custody of law enforcement officials, we may release your health information to the correctional institution as allowed or required by law.

**Workers' Compensation.** We may use or share your health information for Workers' Compensation or similar programs as allowed or required by law. These programs provide benefits for work-related injuries or illness.

**Public Health and Safety.** We may disclose your health information for certain situations such as:

- preventing or controlling disease (such as cancer and tuberculosis), injury or disability
- reporting vital events such as births and deaths
- reporting suspected abuse, neglect, or domestic violence
- preventing or reducing a serious threat to anyone's health or safety
- reporting adverse events or surveillance related to food, medications or defects or problems with products
- notifying people of recalls, repairs or replacements of products they may be using
- notifying a person who may have been exposed to a disease or may be at risk of contracting or spreading a disease or condition
- providing limited information to your employer for legally required reporting of an employee's serious injury or death that occurs in the workplace

- providing limited information to your employer for legally required reporting related to medical surveillance of the workplace or work-related illness or injury, including infectious disease prevention and control

**Health Oversight Activities.** We may share your health information with governmental, licensing, auditing, and other agencies as allowed or required by law.

**Law Enforcement.** As allowed or required by law, when certain conditions are met, we may release your health information to law enforcement.

**National Security and Intelligence Activities.** As required by law, we may share your health information for special government functions such as national security and presidential protective services.

**Marketing or Sale of Health information.** Most uses and sharing of your health information for marketing purposes or any sale of your health information are strictly limited and require your written authorization.

**Other Uses and Disclosures of Health Information.** Other ways we share and use your health information not covered by this Notice will be made only with your written authorization. If you authorize us to use or disclose your health information, you may cancel that authorization, in writing, at any time. However, the cancellation will not apply to information we have already used and disclosed based on the earlier authorization.

Special laws apply to certain kinds of health information considered particularly private or sensitive to a patient. This sensitive information includes psychotherapy notes, sexually transmitted diseases, drug and alcohol abuse treatment records, mental health records, and HIV/AIDS information. When required by law, we will not share this type of information without your written permission. In certain circumstances, a minor's health information may receive additional protections.

**Changes to UC San Diego Health's Privacy Practice and This Notice.** We may change the terms of this Notice at any time, and the changes will apply to all health information we have about you. The current Notice will be available upon request, at our locations, and on our website.

**Organized Healthcare Arrangements. SHW is a part of UC San Diego Health.** UC San Diego Health participates in an Organized Healthcare Arrangement (OHCA) with other healthcare providers. Within the OHCA, member organizations may share your health information for treatment, payment or operations related to the OHCA. For a list of UC San Diego Health's current OHCA participants, please call UC San Diego Health Affiliated Network at **858-249-0279**.

## Questions or Complaints

If you have any questions or concerns about this Notice, please contact the relevant SHW department:

UCSD Student Health Services

Patient Experience

9500 Gilman Dr, MC 0039, La Jolla, California, 92093

Or call 858-822-4757

Or go through our website to submit feedback: <https://studenthealth.ucsd.edu/feedback/patient-feedback.html>

UCSD Counseling and Psychological Services

9500 Gilman Drive, MC 0304, La Jolla, CA 92093

Or call 858-534-3755

Or go through our website to submit feedback:

<https://caps.ucsd.edu/feedback/patient-feedback.html>

UCSD Health Promotion Services

9500 Gilman Drive, MC 0039, La Jolla, CA 92093,

Or call 858-246-4500

Or go through our website to submit feedback:

<https://healthpromotion.ucsd.edu/feedback/student-feedback.html>

If you feel your rights have been violated, you may file a complaint with the relevant SHW department:

UCSD Student Health Services

Patient Experience

9500 Gilman Dr, MC 0039, La Jolla, California, 92093

Or call 858-822-4757

Or go through our website to submit feedback: <https://studenthealth.ucsd.edu/feedback/patient-feedback.html>

UCSD Counseling and Psychological Services  
9500 Gilman Drive, MC 0304, La Jolla, CA 92093  
Or call 858-534-3755  
Or go through our website to submit feedback:  
<https://caps.ucsd.edu/feedback/patient-feedback.html>

UCSD Health Promotion Services  
9500 Gilman Drive, MC 0039, La Jolla, CA 92093,  
Or call 858-246-4500  
Or go through our website to submit feedback:  
<https://healthpromotion.ucsd.edu/feedback/student-feedback.html>

You may also file a complaint with the UCSD Office for the Prevention of Harassment and Discrimination and speak to a Title IX Officer at 858-534-8298. You may also submit an online report <https://ophd.ucsd.edu/report-bias/index.html>

