Why does the University of California have health requirements?

- **To protect** you, your friends, your classmates and the entire University community from vaccine preventable communicable diseases!
- **To prevent outbreaks** that cause significant personal and academic disruption.
How do I start the health requirement process?

The Student Health Website https://studenthealth.ucsd.edu/
Sign-up for MyStudentChart

https://mystudentchart.ucsd.edu/shs/

- You will need your UCSD Student AD login (email and password)
- You will be issued a campus username and email account soon after accepting an offer of admission.
- If you have any issues with your AD login: https://blink.ucsd.edu/technology/network/access/
What are Health Requirements?

- Tuberculosis Screening

- Regular Immunizations/Vaccines
  - Tdap
  - Measles, Mumps & Rubella (MMR)
  - Varicella (Chickenpox)
  - Meningococcal (MCV4)

- COVID-19 Vaccines (FDA & WHO Approved only)

- Influenza is under consideration for Fall/Winter 2022-2023
Go to https://mystudentchart.ucsd.edu/shs
MyStudentChart – Demo

- SHS Health Requirements for Incoming Students incl. Forms
- Logon [here](#)
- Go onto the Student Health website > MyStudentChart Login
- Follow link provided in Triton Checklist or Graduate Division instructions
- Welcome page includes link to requirements & Ask a Nurse
- Menu > COVID-19
- Menu > Immunizations and Screening
Tuberculosis Risk Screening
Deadline: July 11th, 2022 (all incoming students)

- Complete the 5 Question TB Risk Screening Questionnaire
- If prompted take the TB Testing form to your Health Care Provider
- TB Testing can include:
  - TB Skin Test (PPD) or
  - IGRA Blood Test (Quantiferon or T-Spot)
  - Chest Xray (report in English needs to be uploaded)
- Student Health Registered Nurse will review your submission
- Messages will be sent with missing items or follow up

COMPLETE AS SOON AS YOU ARE ABLE TO AVOID AN ENROLLMENT HOLD
Regular Immunization Requirements

Deadline: July 11th, 2022
Holds placed: November 1st, 2022
(Grads/UN)

- Obtain your vaccine records for Tdap, MMR, Varicella & Meningococcal (ACWY)
- Use the Immunization Form to guide you (found in MyStudentChart or on the SHS website) OR your own vaccine records
- Form contains strong recommended vaccines that are useful to have in your medical records
- Go to your Health Care Provider to have the form filled out if you have no records and/or to receive missing vaccines/blood titers
- Submit what you have had even if incomplete, you have the start of the Fall Qtr to complete all vaccines

COMPLETE AS SOON AS YOU ARE ABLE TO AVOID AN ENROLLMENT HOLD
Regular Immunization Guide

TDAP
- ADULT Tetanus and Diphtheria with PERTUSSIS (Whooping cough)
- 1 dose on or after the 7th birthday

MMR (MEASLES, MUMPS & RUBELLA)
- 2 doses on or after the 1st birthday at least 28 days apart
- OR blood test (titer) to show immunity if uncertain or if have had the disease
- Single vaccines: 2 doses of measles & mumps, 1 dose of rubella

VARICELLA (CHICKEN POX)
- 2 doses on or after the 1st birthday at least 28 days apart
- OR blood test (titer) to show immunity if uncertain or if have had the disease

MENINGOCOCAL VACCINE
- For students 22 years or younger
- 1 dose on or after the 16th birthday
- Does not include Meningococcal B vaccine
COVID-19 Vaccine
Deadline: July 11th, 2022

- Enter in MyStudentChart in COVID-19 section
- FDA & WHO-Approved only
  (Moderna, Pfizer, Janssen, Oxford/AstraZeneca, Covishield, Covaxin, CanSino, Novavax, Sinopharm - BBIBP only, Sinovac)
- Primary series & 1 booster dose
- Vaccines available on campus first half of Fall Qtr
COVID-19 Vaccine Exemption/Deferral

- Types of exemption/deferral:
  - **Medical Exemption:** An excuse from receiving the COVID-19 vaccine due to a medical contraindication or precaution.
  - **Deferral (Pregnancy):** An approved deferral of vaccination based on pregnancy. Pregnancy deferral will extend throughout the term of the pregnancy.
  - **Religious Objection:** A covered individual’s objection to receiving the COVID-19 vaccine based on that person’s sincerely held religious belief, practice or observance.
  - **Disability:** A physical or mental disorder or condition that limits a major life activity and any other condition recognized as a disability under applicable law.
COVID-19 Vaccine Exemption/Deferral

Visit the UC San Diego Services and Support portal >
COVID-19 Vaccine Exemption/Deferral Process

Student Exception/Deferral Process

- Student completes Service Now request for exception or deferral: key contact info, appropriate forms emailed to student, link to educational information.
- Student completes form, including medical certification for medical/disability (partially vaccinated form available) and returns to StudentCovidMandate@health.ucsd.edu.
- SHS decision: Approved follows non-pharmaceutical interventions (NPI); denied has 8 weeks to vaccinate or move to disciplinary process. SHS sends approval notice to student, cc: StudentCovidMandate@health.ucsd.edu. Student acknowledges with DocuSign.
- OSD decision — HR: Approved follows non-pharmaceutical interventions (NPI); denied has 8 weeks to vaccinate or move to disciplinary protocols. OSD sends approval notice to student, cc: StudentCovidMandate@health.ucsd.edu. Student acknowledges with DocuSign.
- Religious exemption request to multidisciplinary campus committee: Approved follows NPI; denied has 8 weeks to vaccinate or move to disciplinary process. VCSA sends approval notice to student, cc: StudentCovidMandate@health.ucsd.edu. Student acknowledges with DocuSign.
- Student COVID mandate team scans request into EPIC: disability to Office for Students with Disabilities (OSD); religious to the Vice Chancellor for Student Affairs (VCSA) Office; medical exemption, deferral, partial vaccination to SHS.
- Religious review by VCSA: Approved follows non-pharmaceutical interventions (NPI); denied to the religious review committee.
- Temporary medical and deferrals are time limited: Vaccinate within 8 weeks or need exception.
FREQUENTLY ASKED QUESTIONS

1. WHERE CAN I FIND MY VACCINE RECORDS?
   - Early childhood records
   - Health providers/Medical records
   - High School
   - Other colleges/schools you have attended

2. SOME OF THE VACCINES ARE NOT AVAILABLE IN MY COUNTRY CAN I GET THEM ONCE ON CAMPUS?
   - All vaccines are available at Student Health on campus by appointment only
   - No charge with UCSHIP
   - COVID-19 Vaccine & Influenza/Tdap mass vaccine clinics

3. I HAVE AN ALLERGY OR OTHER MEDICAL REASON WHY I CANNOT GET ONE OR MORE OF THE VACCINES WHAT SHOULD I DO?
   - Go to the Student Health website and download a Medical Exemption form and have your healthcare provider fill it out for you
FREQUENTLY ASKED QUESTIONS CONTINUED...

4. WHAT DO I DO IF I CANNOT FIND ANY OF MY VACCINE RECORDS?
   - You can have blood tests for MMR & Varicella

5. I HAD THE BCG VACCINATION AS A CHILD FOR PROTECTION AGAINST TB, DO I NEED TO DO TB TESTING?
   - This does not offer lifelong protection so yes

6. MY TB SKIN TEST WAS POSITIVE WHAT DO I DO?
   - You should have your healthcare provider order a Chest X-ray

7. MY MEDICAL RECORDS ARE NOT IN ENGLISH WHAT SHOULD I DO?
   - Please have them translated

8. ARE THERE ANY SPECIAL CONSIDERATIONS WHEN RECEIVING VACCINES OR TB TESTING AND THE COVID-19 VACCINE?
   - As per the CDC do not get TB Skin (PPD) or TB Blood (Quantiferon) testing within 4 weeks of having had the COVID-19 vaccine. No special consideration for the COVID vaccine
How can I get help if I need it?

- Send us a message to "Ask-a-Nurse" in MyStudentChart
- Email shstb@health.ucsd.edu if you are having technical difficulties
- Everything is on our website including all forms
  https://studenthealth.ucsd.edu/resources/health-requirements/index.html
- Please complete requirements as soon as you can to avoid enrollment holds!
Questions?

- The Student Health Nursing team is here to help you along the way
- Message us through ASK-A-NURSE in MyStudentChart if you have any questions
- Start early to avoid academic holds preventing enrollment in classes