UC San Diego STUDENT HEALTH AND WELL-BEING

INCOMING TUBERCULOSIS REQUIREMENT

Dear Incoming Student,

In order to protect our campus from communicable disease, **all new and re-admitted graduate and undergraduate students are required to complete a Tuberculosis Screening before arriving at UC San Diego**. This includes undergraduate students transitioning to graduate studies and transfer students.

Please read and follow the instructions below to complete your TB Requirements:

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 Log in to <u>MyStudentChart</u>. In order to log in to MyStudentChart, you will need your AD username and password.

- 2. Once logged in, please go to Menu > Immunization & Screening > TB Risk Screening
 Assessment.
- Click to start the TB Screening Risk Screening Questionnaire. Answer all the screening questions.
 - 4. If the screening prompts you to submit your **TB Testing Form**, please complete steps 5-8 below.
 - 5. **Print the TB Health Assessment Form** (page 2 of this document).
- 6. **Visit your health care provider** to complete the form and perform all required testing. **The form must be signed by a licensed health care provider**.
- 7. Tuberculosis testing must be performed within 1 year prior to the start of your program and Chest X-rays must include the report.
 - 8. Upload your TB Testing Form: Return to <u>MyStudentChart.ucsd.edu</u>. Go to Menu > Immunizations & Screening > TB > Upload. If the upload button is not visible to you, please message Ask-a-Nurse and attach the result to the message.

Questions:

- 1. If you have a **medical question**, use the "ASK A NURSE" function in your electronic medical record: <u>MyStudentChart.ucsd.edu</u>.
- 2. If you are having **technical problems**, email <u>shstb@health.ucsd.edu</u> and include your student ID number. **Do not include any medical information** as this is not a secure method of communication.
- 3. Please refer to the <u>Student Health Services website</u> for additional information.

You will NOT get a confirmation that your TB Risk Screening Questionnaire and/or TB testing Form has been received.

Please check your UCSD email or MyStudentChart regularly for a secure message from Student Health. This is how requests for additional information, updates and reminders are provided by the Nursing team.

<u>UC San Diego</u>

STUDENT HEALTH AND WELL-BEING

TUBERCULOSIS TESTING REQUIREMENT

Student ID: Date of Birth: (MM/E		DD/YYYY)	Name: First	Last					
THIS STUDENT IS REQUIRED TO COMPLETE TUBERCULOSIS TESTING PRIOR TO ENROLLING IN CLASSES. The form must be <u>completed</u> and signed by a LICENSED HEALTH CARE PROVIDER and must be received by UCSD Student Health via a Health Record upload, noted at the bottom of the page. TESTING MUST BE performed within one year of entering the University.									
 1. SYMPTOMS: No current symptoms Does your patient have any of the following symptoms? (check any that apply) Cough for greater than 4 weeks Coughing up blood Unexplained chest pain Persistent fever/chills/night sweats Persistent, unexplained fatigue Unexplained weight loss 									
2. TUBERCULIN SKIN TEST (TST)	- OR -	3. TB BLOOD TEST	(recommended if his	story of BCG/TB Vaccine)					
 ≥ 5 mm is positive if: Recent close contact with someone with active infectious disease Immunosuppressed (splenectomy, HIV, chemotherapy, transplant patient) History of an abnormal chest x-ray suggestive of TB Otherwise ≥ 10mm is positive Date placed: Date read: (must be read between 48-72 hours after it was placed) Result: mm induration. (If no induration, write Ø) Interpretation: □ Negative □ Positive (IF POSITIVE, PROCEED TO CHEST X-RAY) 		QUANTIFERON/T-SPOT - Interferon Gamma Release Assay – IGRA If not available, may do a Tuberculin Skin Test (TST) or Chest x-ray. Date QTF/T-Spot Test: Result: Negative Positive (If positive, proceed to CHEST X-RAY) Indeterminate (If Indeterminate, repeat test or proceed to chest x-ray) (IF POSITIVE, PROCEED TO CHEST X-RAY)							
4. CHEST X-RAY REQUIRED if TST or Quantiferon/IGRA +/or symptoms are positive or previous treatment for TB									
YOU MUST ATTACH WRITTEN RADIOLOGY CHEST X-RAY REPORT IN ENGLISH (DO NOT SEND FILMS/CD of actual x-ray) Any abnormal result, including scars and old granulomatous changes – MUST PERFORM SPUTUM TESTING									
Date of Chest X-ray: Result: □Normal □Abnormal (Results submitted without a chest x-ray report will NOT be accepted.)									
5. TB SPUTUM (Please also include the lab reports with these results)									
Results (AFB smear and cultures x 3 are F 1. Date: AFB: 2. Date: AFB: 3. Date: AFB: 6.	Culture: Culture:		ABNORMAL)						
Licensed Health Care Provider Name	Signature		Date						
7. Upload PDF or image to: MyStudentChart.ucsd.edu/shs/ go to Menu > Immunization & Screening > TB									