

Please follow these instructions for study abroad clearance requirements.

1. Prior to your appointment:

- Bring a copy of ALL your immunization records (from parents/guardians, previous healthcare providers and/or your prior schools) to your Travel appointment
- Bring a paper copy of the *Natural Reserve System - Health History Form and Instructions*
- If you CURRENTLY see a mental health or specialty healthcare provider (i.e. Cardiology, Gastroenterology, Endocrinology) for ongoing health conditions, please have your provider complete the left side of the *UCEAP Health Clearance Form* and bring to the travel appointment.

2. Schedule your appointment:

- Schedule an NP Health Clearance visit by calling SHS at (858) 534-3300

These appointments can be in-person at the SHS clinic or by telehealth. *Telehealth visits are only for students in California at the time of their appointment.*

- Complete the *Confidential Health History* questionnaire on-line in [MyStudentChart](#)
- The *UCEAP Health Clearance Form* will be sent electronically via [MyStudentChart](#) within 3-5 days after appointment

3. Cost and Fees:

| | Required | Total Cost (based on insurance) |
|----------------------------|-----------------|--|
| NP Health Clearance | Yes | \$80 SHIP / \$80 RAFT / \$115 Fee for Service |

More information about the cost of immunizations and travel visits here:

<https://studenthealth.ucsd.edu/services/cost/index.html>